

VEGETARIAN / VEGAN

SANDWICHES

“The Veggie Works”

Most of our **Sandwiches** are stuffed with “**The Veggie Works**” - a varied mix of *Power Greens* (kale, spinach, arugula, broccoli, romaine, red cabbage, parsley, cilantro) & *Super Veggies* (tomato, red onion, cucumber, celery, bell pepper) -- raw & living food that puts the *Energizing*, the *Nourishing* & the *Healing* back into your meals.

★ **Add tofu, tempeh, fakin’pork, real or fakin’chicken - 2.00**

★ **Add avocado 75c**

(vegi-1) TREE HUGGER (*Avocado Grilled Cheese Sandwich Special*) w/Spinach, Red Onions, Garlic Sauce, Chipotle Mayo, Cheddar Cheese **6.00**

(vegi-2) EARTH DAY (*Mock Turkey Club*) Grilled MockTurkey with **the “Veggie Works”**-- a luscious mix of energizing *Power Greens* & *Super Veggies*, topped w/BBQ-Sauce, Pepperoncini, Mozzarella, Herbed Garlic Sauce & Mustard-Horseradish Sauce (*Veganize it w/Vegan Cheese Sauce*) **7.50**

(vegi-3) EL NINO (*My Big, Fat Greek Sandwich Special*) Wonderful mix of **the “Veggie Works”**-- disease-fighting *Power Greens* & *Super Veggies*, w/Hummus, Olives, Pepperoncini, Feta, Greek Dressing & Tzatziki Sauce **6.50**

(vegi-4) AFTERSHOCK (*Avocado Veggie Sandwich Special*) w/Sundried Tomato Pesto, **the “Veggie Works”**-- layers of nutritious *Power Greens* & *Super Veggies*, Pumpkin Seeds, Balsamic Dijon Vinaigrette & Mozzarella **6.50**

(vegi-5) CORAL BLEACHING (*Filipino FahnChickn Adobo Sandwich*) w/Filipino Adobo Umami Sauce, **the “Veggie Works”**-- a sumptuous mix of digestion-friendly *Power Greens & Super Veggies*, Salsa Roja, Cheddar, Roasted Herbed Garlic Sauce & Mustard-Horseradish Sauce **7.50**

(vegi-6) PHYTOPLANKTON (*Radical Dog*) Grilled MockSausage, Avocado & Sauerkraut, w/**the “Veggie Works”**- layers of disease-fighting *Power Greens & Super Veggies*, BBQ-Sauce, Ketchup, Herbed Garlic Sauce, Mustard-Horseradish Sauce, Cheddar **7.50**

(vegi-7) SI SE PUEDE (*FahnChickn Avocado Pesto Sandwich*) Grilled FahnChickn & Avocado with **the “Veggie Works”**-- a fabulous salad of enzymes-laden *Power Greens & Super Veggies*, Tomato Pesto, Balsamic Dijon Vinaigrette, Herbed Roasted Garlic Sauce, Mustard-Horseradish Sauce, Mozzarella **7.50**

(vegi-8) THE ENVIRONMENTALIST (*FahnChickn Caesar Club*) Roasted Red Pepper, Dill Pickles, Lettuce, Kale, Cabbage Slaw, Tomatoes, Cucumber, Parmesan Cheese, Caesar Dressing, Roasted Garlic Sauce & Mustard Horseradish Sauce **7.50**

(vegi-9) RIDE THE BAMBOO BIKE (*Mexican VegetarianTorta*) With your choice of *Seasoned Tempeh, Mock Pork or FahnChickn*, Black Beans, **the “Veggie Works”**-- a salad of nutritious *Power Greens & Super Veggies*, Cheddar, Herbed Roasted Garlic Sauce, Mustard-Horseradish Sauce **7.50**

(vegi-10) URBAN SPRAWL (*Vegetarian Banh Mi Sandwich*) Mildly spicy Vietnamese sandwich w/your choice of *FahnPork or MockChickn*, Cabbage Slaw, Lettuce, Cilantro, Cucumber, Carrots, thin Jalapeno slices, Herbed Roasted Garlic Sauce, Umami-Scriracha Sauce, French Roll **7.50**

(vegi-11) SYRIAN CRISIS (*Serious Tempeh Reuben Sandwich*) Grilled Tempeh w/**the “Veggie Works”**-- a mix of immunity-boosting *Power Greens & Super Veggies*, Sauerkraut, Avocado, Cheddar, Vegan Mustard-Horseradish Sauce, Ketchup, Herbed Roasted Garlic Sauce **7.50**

(vegi-12) VEGAN FREAK SHOW (*Pork Scirracha-BBQ Sandwich*) w/MockPork, **the “Veggie Works”**-- nutrient-dense *Power Greens & Super Veggies*, Srirracha-BBQ Sauce, Vegan Cheese Sauce, Mustard-Horseradish Sauce **7.50**

(vegi-13) SOLAR POWER (*Vegetarian Greek Gyro Burger*) w/your choice of Green Falafel or FaknChikn, w/**the “Veggie Works”**-- mix of raw and living *Power Greens & Super Veggies*, Olives, Pepperoncini, Hummus, Balsamic-Dijon Vinaigrette, Feta Cheese & Tzatziki Sauce, on Pita Bread **7.50**

(vegi-14) POST PUNK ASIAN Grilled Tofu, **the “Veggie Works”**-- enzymes-fueled *Power Greens & Super Veggies*, Extra Cabbage, Cilantro & Carrots, Sesame Seeds, Peanuts, Vegan Cheese Sauce, Asian Sauce w/ sauerkraut, pickle relish, vegan cheese sauce & ketchup, topped with **the Veggie Works**
7.50